Water reminder wristbands

The intention with these wristbands is to create a visual and tactile reminder for young children to remember to drink regularly in the heat.

The wristbands are to be cut out and stuck on a child’s wrist. Hopefully, each time they notice it during the day they will think about drinking some more water!

Also included is a colouring version for an extended activity.

We hope this helps!

© 2022 Little Owls Resources