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**Topic Plan Ideas** – **All About Me**

This pack contains some activity ideas for the All About Me topic as well as some blank forms for you to note down your own ideas.

Staring at a blank page when planning can be difficult so we hope that even if you don’t end up using our exact suggestions, they will be a spark of inspiration for your own great ideas when planning for your children.

(The different sheets are outlined below so you can decide which sheets you need to print).

Ideas sheet (Colour) – p2

Ideas sheet (BW) – p3

Blank ideas headings sheet (Colour) – p4

Blank ideas headings sheet (BW) – p5

Completely blank ideas sheet (BW) – p6

Blank Prime Areas of Learning sheet (Colour) – p7

Blank Prime Areas of Learning sheet (BW) – p8

Blank Prime & Specific Areas of Learning sheet (Colour) – p9

Blank Prime & Specific Areas of Learning sheet (BW) – p10

We hope this helps!

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**All About Me Ideas**

Fine Motor

Number/Counting

* ‘How many eyes, fingers, toes, etc do you have?’
* Recognise age number in environment (indoor/outdoor walk).
* Write age using different media.
* Create own face using playdough on a large circle template.
* Practise letters within own name: in sand, foam, chalk on pavement, paint with water, pencils, crayons, paint, playdough, etc.

Tuff Trays

Messy Play

* Fingerpainting using favourite colour(s) to fill the page or paint picture of yourself.
* Make prints of hand, feet, etc.
* Make yourself using loose parts.
* Use playdough to make faces on blank head outlines.
* Bathing baby dolls.

Shape/Pattern/Symmetry

* Make picture of face or body by sticking pre-cut 2D shapes to paper.
* Draw attention to symmetry of bodies; show ‘hand and hand’.
* Draw body outline & add symmetrical items.
* Use half-image of a face – children to draw other half.

Personal Opinions & Feelings

Measures

* Draw around hands/feet & measure length in non-standard units e.g. bricks.
* Compare heights and stand in a line in height order.
* Setting/Classroom ‘Feelings Station’. Children to place name card under the emoji that shows how they are feeling.
* (See ‘favourite’ activities in other sections).

Health & Self-Care

Nurturing Relationships

* ‘Acts of Kindness’ display. Add notes to the display to explain when someone is particularly kind.
* ‘Thank-you for being kind’ cards.
* Learn body parts in a different language.
* Discuss emotions e.g. ‘When you feel worried/angry what makes you feel happy again?’
* ‘What can you do for yourself now that you couldn’t do when you were a baby?’

Gross Motor

* Move different parts of your body in different ways e.g. ‘rub your tummy’.
* ‘How tall can you make yourself? How small?...How wide?..., etc.

Investigation

Role-Play

* Your friend feels sad – what would you do to make them happy?
* Dentists.
* Doctors.
* Who is the tallest?
* What is the most popular food, colour, weather, toy, animal in our group? Create a tally chart or pictogram.

Mark making

* Make marks about yourself e.g. ‘This is me’ drawing, handprint, writing own name, drawing/writing about favourite things.
* Encourage a mark-made recount of a family event.

Creativity/Art/Design

* Use art & craft materials and a generic 2D body shape template to create yourself.
* Junk modelling a 3D model of yourself/your home/your pet.

Relevant Books

Phonics/High Freq. Words

* Focus on HFWs relating to ‘All About Me’ e.g. Mum, Dad.
* Create a ‘My favourite…’ pictogram chart where options include phonemes currently working on.
* This is our house – Michael Rosen.
* Once there were giants – Martin Waddell.
* Owl babies – Martin Waddell.

Songs/Music/Poems

Alphabet

* Focus on hearing the initial sounds in body parts e.g. ‘l, l, leg’ – refer to appropriate letter written on alphabet line display, cards, etc.
* Head, shoulders, knees & toes – learn in any different languages?
* ‘My favourite sound’ – talk about and then make marks to record.

Mindfulness

* Draw yourself smiling.
* Think about something that is special to you at home. Draw a picture of it to remind you when you are not at home.

Colours

Science Experiments

* Food smelling/feeling/tasting – which ones do you like the best?
* What do your body parts do? Can you flip/roll your tongue?
* Favourite colours – class/group pictogram display.
* Make a collage using materials of your favourite colour(s).

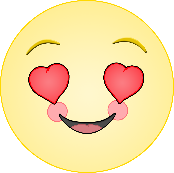
Optional Home Learning

Vocab & Communication

* What is your favourite colour? What objects around you can you see of that colour?
* Favourite things circle time sessions e.g. toy, weather, food, animal, etc.
* When I was a baby vs now activity e.g. I used to eat…, now I eat… / I used to play with…, now I play with…
* Draw a picture of you with your family and label.

Food

* Use cardboard plate and art & craft materials to make a plate of your favourite food.
* Make different food types you like using playdough. ‘Which are healthy?’



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**All About Me**

Communication and Language

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Personal, Social and Emotional Development

Physical Development



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Communication and Language

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Personal, Social and Emotional Development

Physical Development

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**All About Me**

Communication and Language

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Personal, Social and Emotional Development

Physical Development

Literacy

Mathematics

Expressive arts and design

Understanding the world



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