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This can be used as a group game or as an individual task. A die is rolled to find a number and then the children have to perform the action.

The colouring version can add an extra activity after each roll.

**All About Me**

Move Yourself! – Dice game

A picture containing application

Description automatically generatedDiagram

Description automatically generated

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**1**

**3**

**4**

**5**

**6**

Blink your eyes.

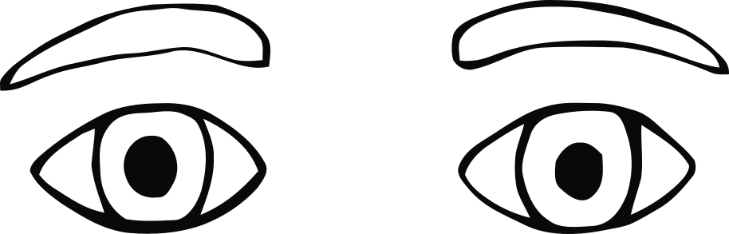
Stamp your feet.

Pat your head.

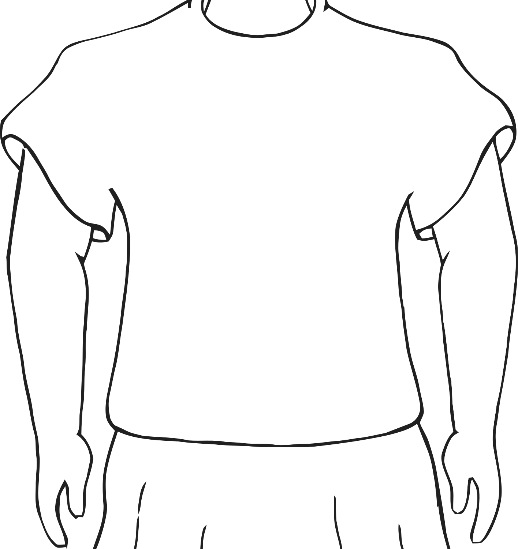
Rub your tummy.

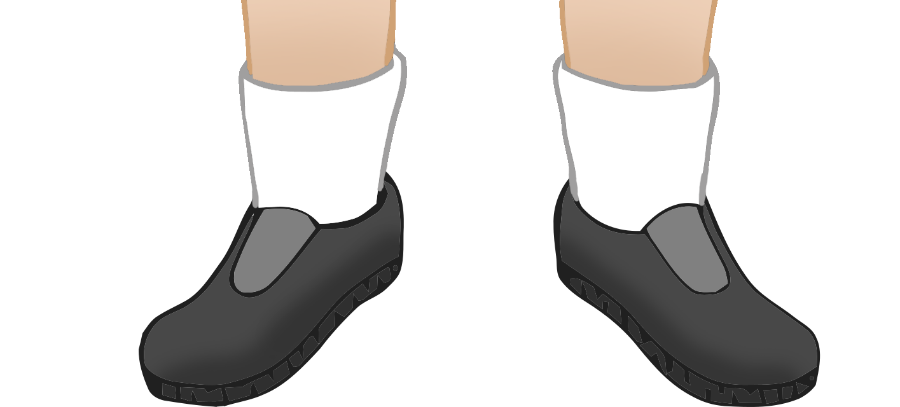
Clap your hands.

Wiggle your nose.

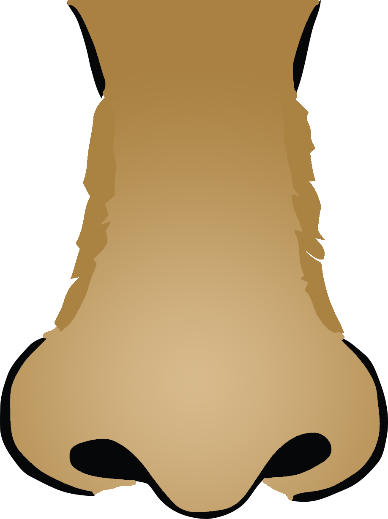


**2**



Icon

Description automatically generatedA person wearing a white shirt

Description automatically generated with low confidenceA model of a space ship

Description automatically generated with low confidenceLogo

Description automatically generated with medium confidence

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Blink your eyes.

Stamp your feet.

Pat your head.

Rub your tummy.

Clap your hands.

Wiggle your nose.

2