Loud and Quiet Activity

The aim of this activity is for the children to hear the distinct difference between loud and quiet.

Show the Loud and Quiet cards to the children. Explain that when the 'Loud' card is raised, they can make lots of loud noises. When the 'Quiet' card is raised, they must be completely quiet.

Using a sand timer, start with 20 seconds of 'Quiet' followed by 5 seconds of 'Loud', then 20 seconds of 'Quiet' again.

Repeat or vary as needed.





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