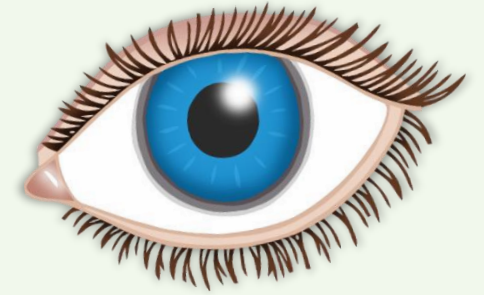
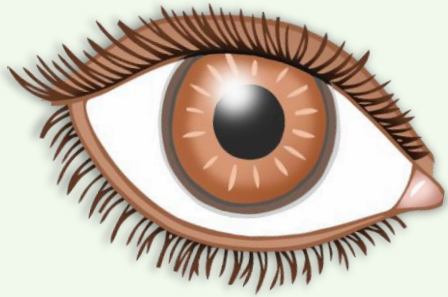


# Keep your eyes healthy!



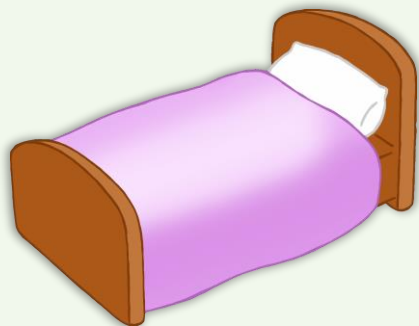
Wear sunglasses  
in sunny weather!



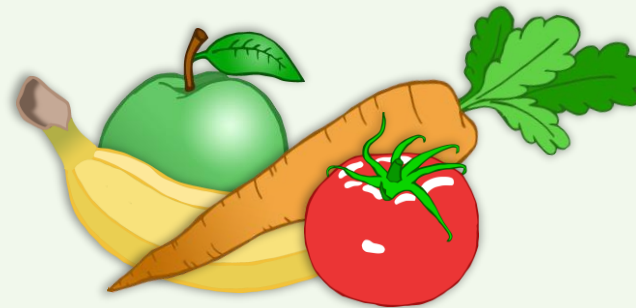
Drink plenty  
of water!



Get some  
exercise!



Get a good night's sleep!



Eat healthy  
foods!