

Healthy Minds

Display Pack

This display pack comprises a two-page banner and a set of cloud shaped headings.

p2-3: Banner

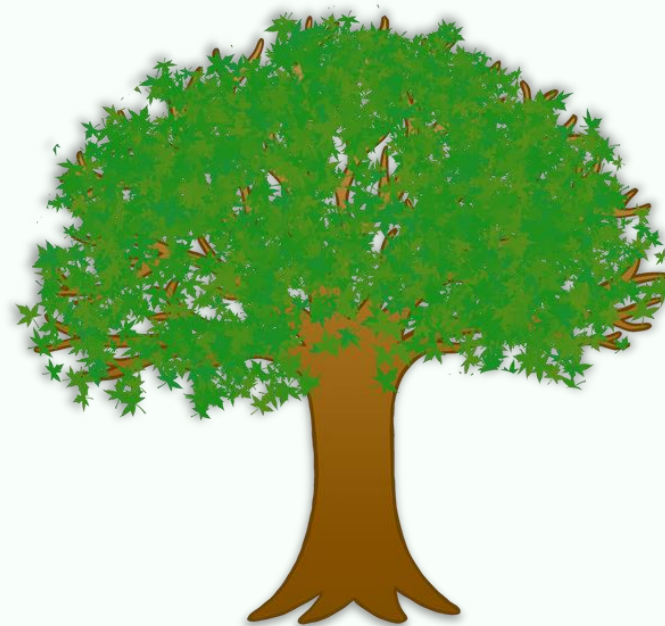
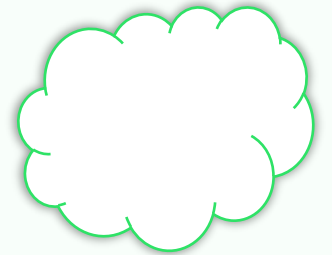
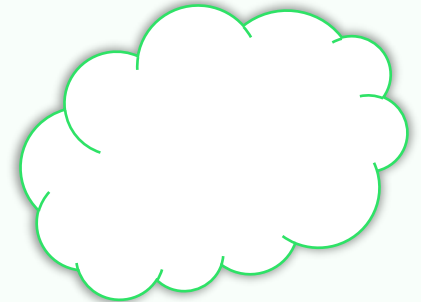
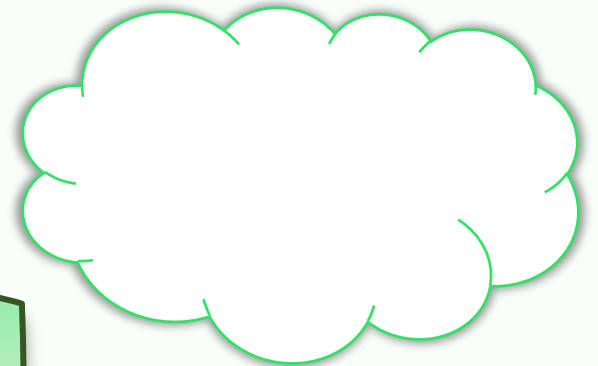
p4-11: Cloud headings (large writing with small images)

p12-19: Cloud headings (small writing with large images)

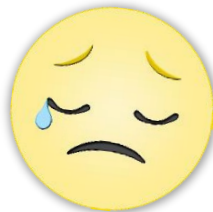
Healthy



Minds



Understanding
and identifying
feelings.

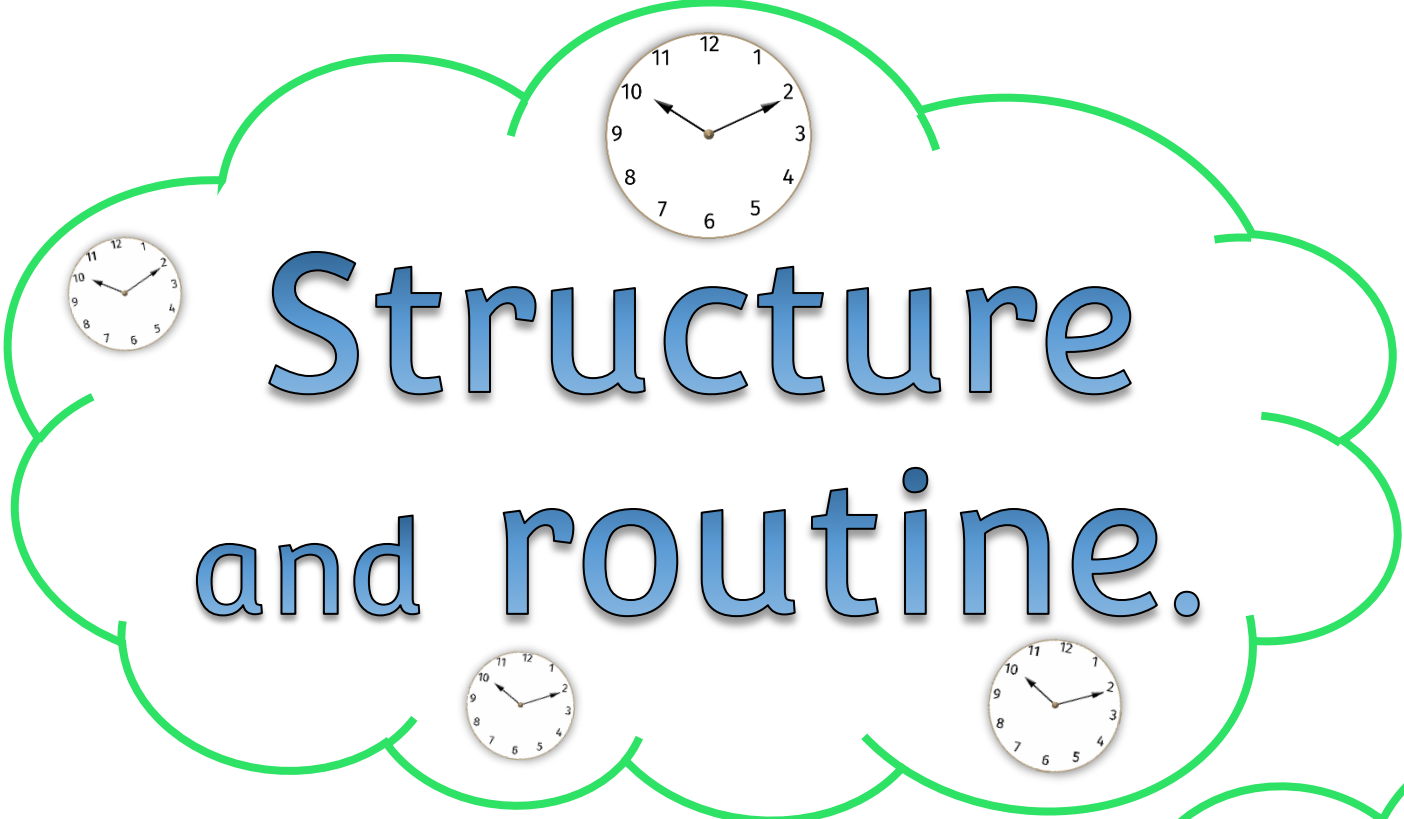


Connecting
with people and
loved ones.



Exploring and
developing
personal
interests.





Structure
and routine.

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Sleep.



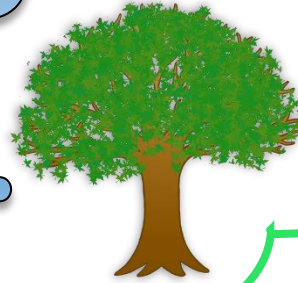
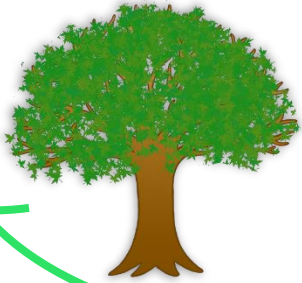
Healthy food
and water.



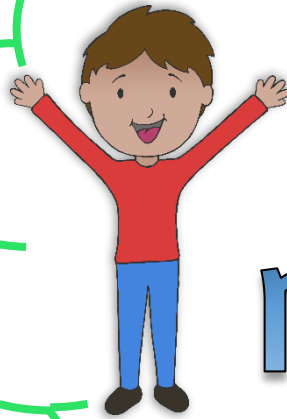
Exercise.



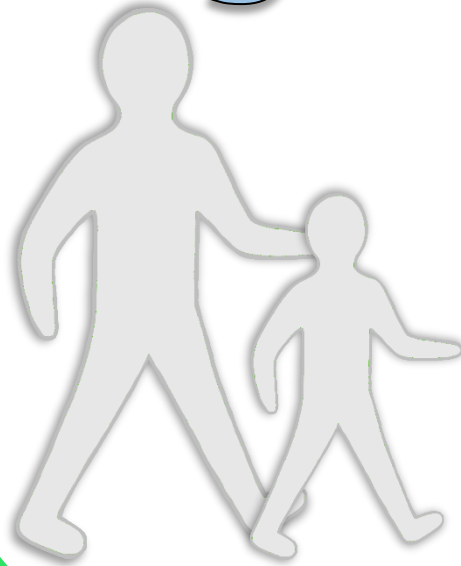
Connecting with
nature.



Growth
mindset.



Kindness and
helping others.

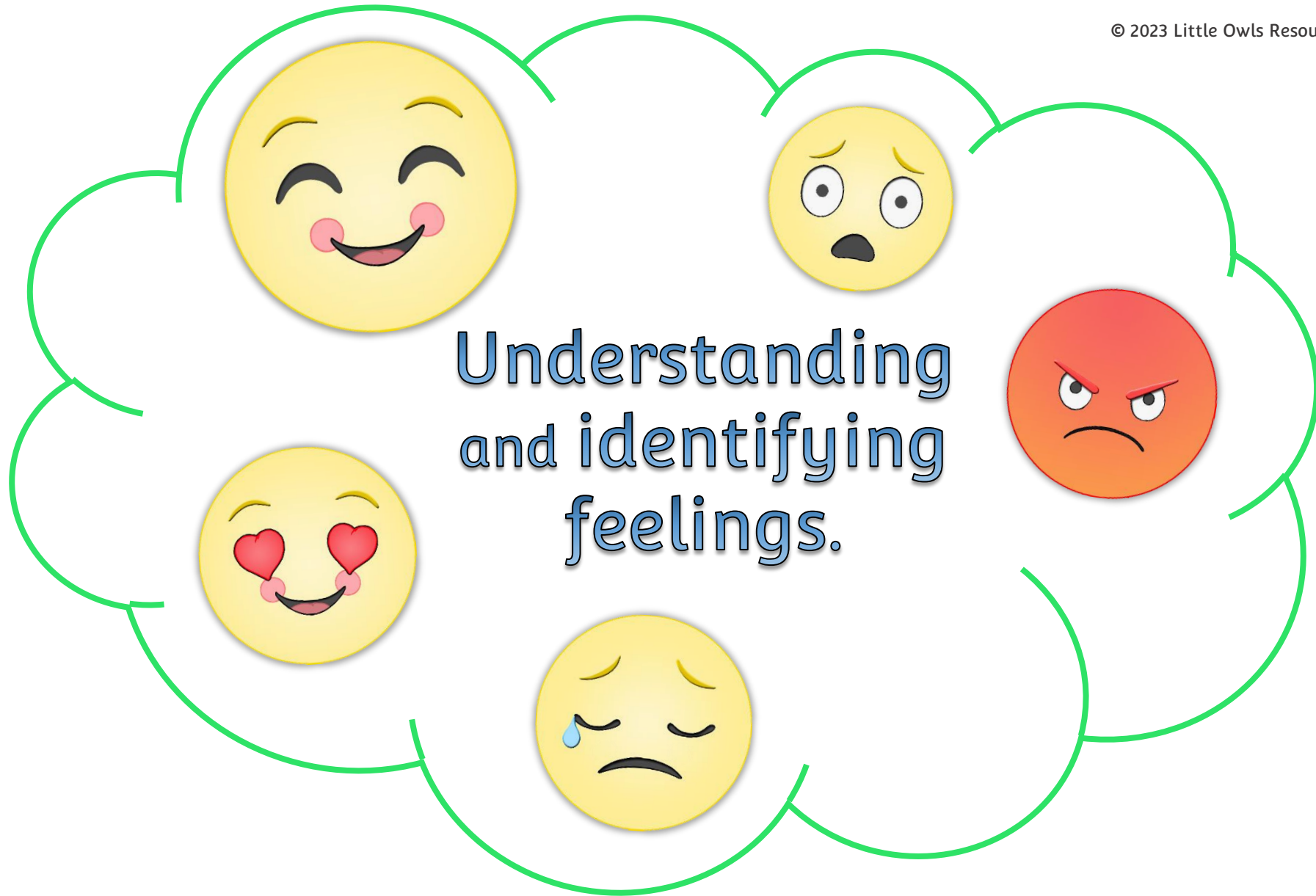


Thankfulness and Gratitude.



Finding small positives.





Understanding
and identifying
feelings.



Connecting
with people and
loved ones.





Exploring and
developing personal
interests.

Structure
and routine.

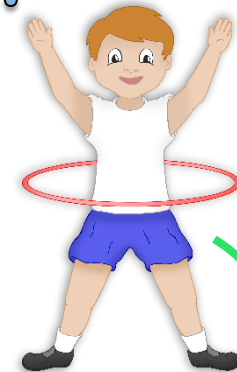
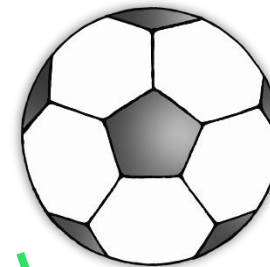
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Sleep.

Healthy food
and water.



Exercise.





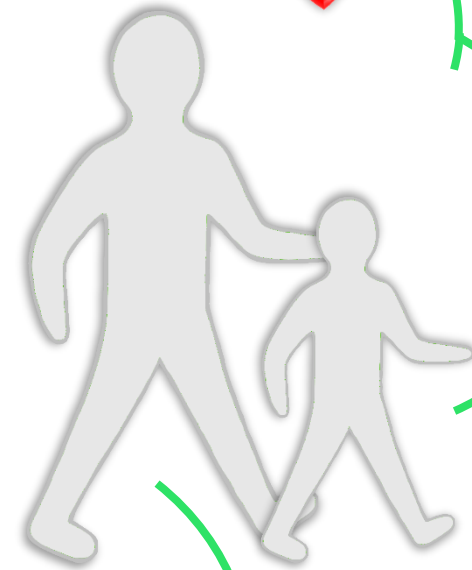
Connecting
with nature.



Growth
mindset.



Kindness and
helping others.





Thankfulness and
Gratitude.

*Finding small
positives.*