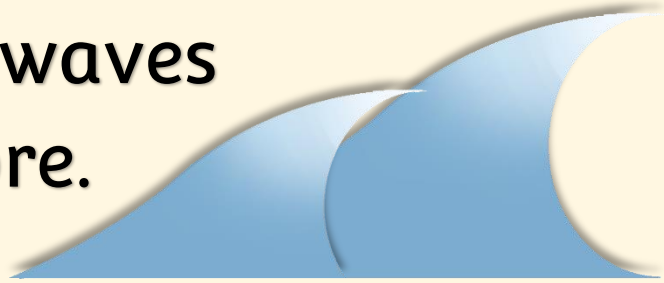


1

## Beach Activity Challenge!

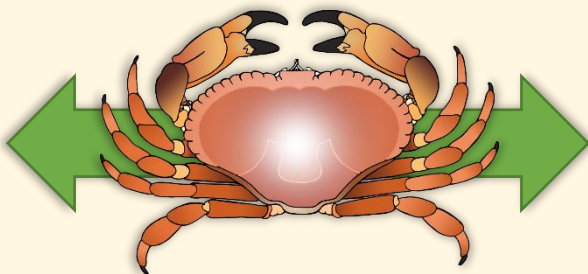
Move backwards and forwards like waves on the shore.



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2

## Beach Activity Challenge!



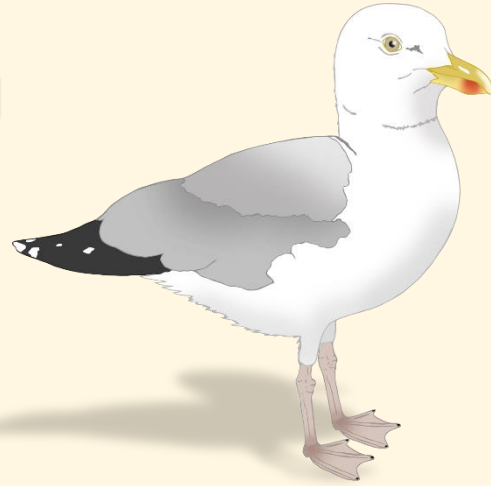
Move sideways left and right like a crab.

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3

## Beach Activity Challenge!

Walk around slowly and then jump up and pretend to fly like a seagull.

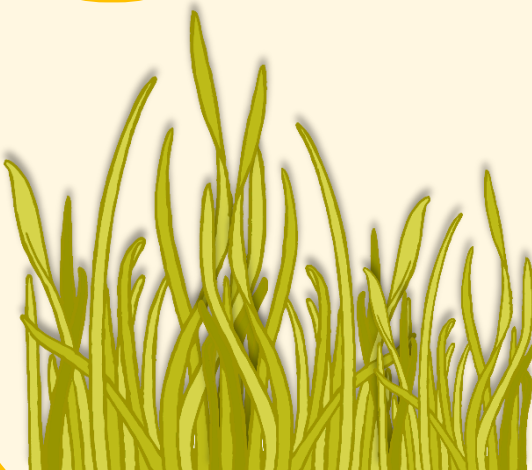


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4

## Beach Activity Challenge!

Put your hands in the air and move slowly from side to side like grass in the breeze.

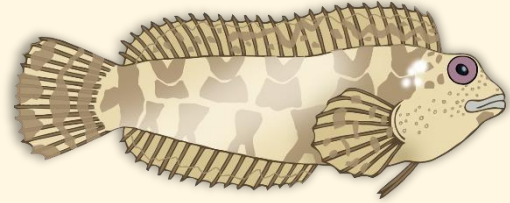


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5

## Beach Activity Challenge!

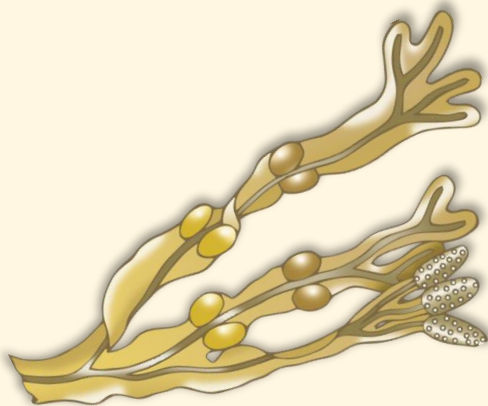
Pretend to swim  
like a fish in a  
rockpool.



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6

## Beach Activity Challenge!



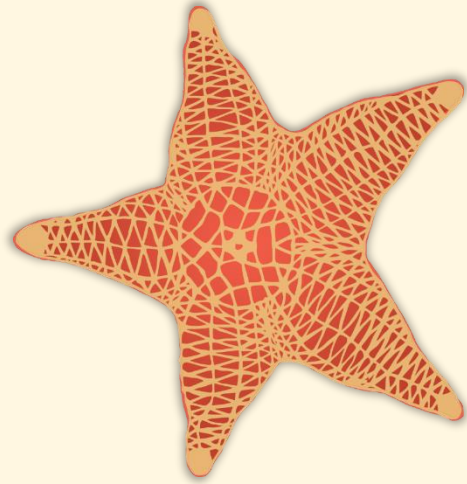
Pretend you are a  
piece of seaweed  
slowly floating in  
the sea.

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7

## Beach Activity Challenge!

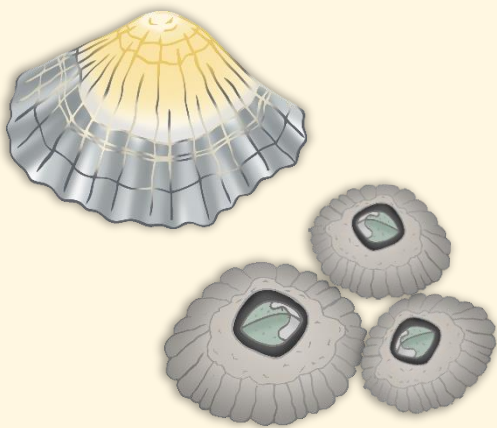
Lie down and spread your arms and legs like a starfish on the sand.



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8

## Beach Activity Challenge!



Curl up in a tight, unmoving ball on the floor like a limpet or a barnacle.

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